



The Heart of the Matter

Centre Volunteers in Medicine • 251 Easterly Parkway, Suite 102, State College, PA 16801 • 814-231-4043 • www.cvim.net • Spring 2008

Year Six for the Boston Marathon Challenge



Photo courtesy of Chuck Fong, Studio 2

Five years ago Centre Volunteers in Medicine began the challenge of providing medical care to those in Centre County without medical insurance. Local resident John Domico took on his own challenge by running the Boston Marathon in support of CVIM and raised \$1,300 for the clinic. The following year John was joined by eight other runners and they raised \$15,000 for CVIM. In the years since then both the clinic and the challenge have continued to grow. Last year the marathoners raised over \$63,000 for CVIM!

The Boston Marathon Challenge team now includes 27 runners who will take on the prestigious 26.2 mile race on April 21, 2008. Joe and Sue Paterno, as well as Greg Fredericks, a local track and field Olympian, have again agreed to be the team's honorary coaches. This year's team hopes to raise \$65,000 for CVIM.

The Marathon Challenge is unique in that 100% of all the money raised will go to the clinic and will be used to provide free medical and dental care for Centre County's uninsured. The need for CVIM's services continues to increase: in 2006-2007 the clinic provided 1,455 dental visits and 5,119 medical visits (which included 2,220 physician appointments).

Please join the team in their race for health. Individuals and corporate sponsors can support the team, or individual runners, by going to www.cvim.net or simply filling out the donation form on the reverse side of this newsletter. For more information, contact John Domico at domico@cse.psu.edu or Cyndy Biek at 231-4043.

A New Challenge

Local cyclist and Restek Wellness Coordinator, Roger Greene, is a special addition to this year's CVIM Boston Marathon Challenge Team. Roger is collecting donations for CVIM in support of his 500 mile bike ride from Bellefonte to Boston (B2B). Leaving Bellefonte on April 15, Roger plans to rendezvous with the team just prior to the marathon. Restek will also be hosting the 3rd annual in-house biking event, supporting the entire team and CVIM.



For information on this year's CVIM challenge visit: www.cvimchallenge.com

Welcome to our new Executive Director

Dear Friends,

It gives me great pleasure to introduce Kristen Houser, CVIM's new Executive Director. Kristen brings extensive experience in non-profit management, public policy, and working with underserved populations at the local, state, and national levels. Though she's lived and worked in other parts of the country for 15 years, Kristen is a returning State College native who knows and loves Centre County. We are excited to have her leadership at CVIM.

Don McCandless

Chair, Board of Directors, Centre Volunteers in Medicine



Dear Friends of CVIM,

Change is hard. I know this from recent personal experience. When my husband applied for a faculty position at Penn State and asked me to consider moving back to Centre County, I did the natural thing and identified all of the reasons why change would not be good. For 15 years I had worked in non-profits that helped underserved, marginalized and otherwise hard-to-reach populations. Although I was born and raised in State College, I resisted the move, believing my career required the opportunities afforded by larger metropolitan areas. I was wrong.

People mentioned CVIM as a great organization during our house hunting trip over the summer. I began reading the on-line Centre Daily Times to connect with my future home and saw an amazing amount of support for the organization. The CVIM services highlighted in the "Paycheck to Paycheck" series in the CDT last November were impressive and I was heartened to know that Centre County had an organization with a philosophy about serving people that is so similar to my own. And CVIM was seeking a new Executive Director.

I considered the opportunity and researched the agency, and found CVIM's vision statement resonated with me immediately: "May we have eyes to see those who are rendered invisible and excluded, open arms to reach out and include them, healing hands to touch their lives with love, and in the process, heal ourselves." It could be a motto for my career. I applied.

That scary thing called change turned out as it often does: a blessing in disguise. It was a door to new opportunities for personal and professional challenges, growth, and happiness. I believe it is a harbinger of continuing good fortune; that this cycle of change CVIM and I are partnering in will continue to harvest positive growth and ultimately new opportunities to understand and meet the needs of our friends and neighbors in Centre County who don't have access to adequate health care. I have begun to meet the many volunteers who are the heart and soul of this organization and I look forward to getting to know you – the friends and supporters of CVIM.

Health and Happiness,

Kristen Houser, MPA
Executive Director

This issue of "The Heart of the Matter" is sponsored by the Geisinger Medical Groups in Centre County.



Centre Volunteers in Medicine
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Thank You!



To Dr. Rick Madore and his staff for donating two days of service to CVIM patients at his dental office!

Save the Date!

CVIM Boston Marathon Challenge
 April 15

Roger Greene departs to bike 500 miles from Bellefonte to Boston. Follow Roger's trek at www.cvimchallenge.com!

April 21

Boston Marathon
 Track our team on www.baa.org!

CVIM Battle of the Minds

October 10

Join us at the Nittany Lion Inn

Q: Where can you enjoy a one-of-a-kind evening of good food, wonderful company, and fun-filled competition while supporting CVIM?

A: Battle of the Minds: A Not So Trivial Pursuit for CVIM! This dinner will be co-hosted by the State College Rotary Club and CVIM.

Thank you!

- Lance and Ellen Shaner for offering a \$50,000 challenge to the community to raise funds for CVIM, and to YOU, our supporters, for meeting that challenge!
- Sullivan's Mini-Storage for donating storage space to CVIM for over five years.
- Anita Morris for her thoughtful donation of 25 fleece blankets! CVIM will make these available to patients to take home and stay warm and cozy through winter.

Welcome

- To our new volunteer practitioners:
- Dr. Larry Dansky
 - Ann Hyman, CRNP
 - Deb Korn, Certified Nurse Midwife

Wish List

- Cork board strips
- Paper products (Paper towels, plates, napkins)
- Wal-Mart/Staples gift cards
- Stamps

Special Thanks to:

Ed Mattil, retired Art Education professor, for a very generous gift. Ed says, "CVIM is just a wonderful project, and I believe in projects like that!"



Thank you SCASD Delta Program students, who raised \$703.50 for CVIM in January!

Support the 2008 CVIM Boston Marathon Team!

Please check the participant(s) you wish to sponsor:

- | | | | | |
|--|---|---------------------------------------|--|---|
| <input type="checkbox"/> Tom Cali | <input type="checkbox"/> Marty Klanchar | <input type="checkbox"/> Greg Luna | <input type="checkbox"/> Nina Safran | <input type="checkbox"/> Tim Spigelmyer |
| <input type="checkbox"/> John Domico | <input type="checkbox"/> Hilary Knipe | <input type="checkbox"/> Ruth Mick | <input type="checkbox"/> Barb Schramm | <input type="checkbox"/> Michael Sullivan |
| <input type="checkbox"/> Kim Gasper | <input type="checkbox"/> Paul Lammert | <input type="checkbox"/> Paige Miller | <input type="checkbox"/> Pam Scott | <input type="checkbox"/> Andrew Webb |
| <input type="checkbox"/> Liz Haushalter | <input type="checkbox"/> Mark Lee | <input type="checkbox"/> David Moore | <input type="checkbox"/> Aroline Seibert | <input type="checkbox"/> Roger Greene (cyclist) |
| <input type="checkbox"/> Nate Harkins | <input type="checkbox"/> George Lesieutre | <input type="checkbox"/> Tara Murray | <input type="checkbox"/> John Sheakoski | <input type="checkbox"/> ENTIRE TEAM |
| <input type="checkbox"/> Jennifer Herbstritt | <input type="checkbox"/> Costas Maranas | <input type="checkbox"/> Bob Radzwich | <input type="checkbox"/> Jeff Smucker | |

Enclosed is my gift of \$500 \$250 \$100 \$50 \$25 Other _____
 (Note, you may also donate on-line at www.cvim.net.)

Name _____ (Please complete information as you wish to be recognized.)
 Address _____ State _____ Zip _____
 Phone _____ Email _____

Please charge my VISA MASTERCARD or Check enclosed (payable to CVIM)
 Card# _____ Exp. Date _____ 3-digit security code _____ Signature (required) _____

- I do not need a thank-you letter from CVIM.
- Please contact me about making a planned gift or bequest to CVIM
- I would like my donation to remain anonymous.

Thank you for your support of Centre Volunteers in Medicine!

Donations can be made on-line or mailed to: CVIM, 251 Easterly Parkway, State College, PA 16801

Centre Volunteers in Medicine is a 501(c) (3) organization and its tax identification number is 25-1897969. The official registration and financial information of Centre Volunteers in Medicine may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.